



Läk në pial

T ɔ̃u ke yĩ piɔ̃l tē tucē piny

Raan ēbɛn

- > Dek kāk juēc kōc kōōth
- > Them ba rēēr ɣōōt ke maruɔ̃ kuɔ̃ mukeep lui
- > Na ba dhiil ya lɔ̃ bii, lɔ̃r nē rialic kuɔ̃ nē nyaany ku ye rēēr nē atiēpic
- > Ye alanh cīn kīn dīt cienɟ, ku yee alanh lāāuic, ku muk ajɔ̃ndu ago cienɟ biic
- > Nē nyindhie ye wɛɛl ye akɔ̃l gēl tac ke dīt nē yĩ guɔ̃p
- > Duɔ̃nē ye thuēec arēēt biic tē tucē piny arēēt
- > Ago yīn kuɔ̃ny ba nin yee yĩ nyin ku yĩ guɔ̃p yoor nē piū
- > Doot ke yĩ ye guɔ̃ōt ke wɛl cī keek gāār yīn dek, na yĩ cak root ya yōk ke yĩ cī piɔ̃l nē kē tucē piny

Mīth piac dhiēeth ku mīth kor

- > Mīth piac dhiēeth ku mīth kor kaa kɔ̃ɔr benēke nyīn ya tīit tē tucē piny nē kē lēu kek bīkī dac tuaany
- > Riāth kaa lēu bīkī tuɔ̃c arac- duɔ̃nē mīth piac keek dhiēeth, mīth kor, ku lāi ye cienɟ kenē kɔ̃c waan kaa pɛc nē riāiic na mukeep cak luui
- > Na liac kuɔ̃ thuat yīn ke yĩ ye piū juēc dhiil dek piū wār piū ēke ye keek dek thɛɛr nē yindhie
- > Nē nyindhie ye cienɟ nē wɛɛr kuɔ̃m nhīim tē leer yīn bii nē akɔ̃l tucē piny keek- piny ka lēu bē mīth piac dhiēeth ku mīth kor dac nyop cōk

Kɔ̃c dīt

- > Yee kɔ̃cdīt tīŋ naa rou nē kōl tōkic nē nin kedhia tē cienɟ kek kaa pɛc
- > Tīŋ apiəth mɛn ye kɔ̃cdīt mukeepken luɔ̃ōi tē tucē piny- nē luɔ̃ōt tīŋ mɛn cē rist nē liɛɛr

Paandu

- > Ye paandu cɔk tōu ke lirik nē thiōōk de dugēēl, ku awēēr nē akɔ̃lic ēbɛn
- > Tē piəth yen, liep awēēr wakou ago yom lir lɔ̃ thīn
- > Them ba alēth lik ya cienɟ tē rēēr yīn paandu ago tōu ke yĩ lir guɔ̃p
- > Kōm cɔl bacteria ka lēu bē dac cil nē miēthic tē tucē piny ku cɔk yīn bec- ye miēth ēbɛn piac looi tāāu nē talaja yic
- > Lāi kaa lēu bīkī gum ku thoukī tē tucē piny arēēt, yen them ba keek ya cɔk tōu ɣōōt kuɔ̃ tīŋ apiəth mɛn nɔŋ atiēp tōu domic ku nē nyindhie ye keek nyāāŋ piū juēc

Kuɔ̃ny ka tōu

- > Tē yīn ye thōōŋ ke yĩ bec :
 - Jam wenē raan ye wal ɣaac piɔ̃mduɔ̃n kuɔ̃ cɔl
 - Cɔl *healthdirect Australia* (ɣɛlthdairɛk Athatalia) nē 1800 022 222
 - Kɔ̃cdīt kaa lēu bīkī ke rin gōōr ēnɔŋ Tīɛm Ageer Thith ku dukuny cē rɔt gam ka bē dhiil ya nem nā diāk nē kōl tōkic bē tīŋ mɛn piethkī. Cɔl 1800 188 071 ba yĩ rin gōōr

Na tuaanyē arēetic lɔr ēnɔŋ paan akīm thiōk kuɔ̃ cɔl 000 de riān de riŋ akīm.

This document can be made available in alternative formats on request for a person with disability.

© Department of Health 2018

Copyright to this material is vested in the State of Western Australia unless otherwise indicated. Apart from any fair dealing for the purposes of private study, research, criticism or review, as permitted under the provisions of the *Copyright Act 1968*, no part may be reproduced or re-used for any purposes whatsoever without written permission of the State of Western Australia.

healthywa.wa.gov.au